

Flintspiration Events Itinerary: Sunday 30th April

10am-11.30: **Flintspiration and Perspiration** running tour (3.2 miles) from St Martin-at-Palace

10am-4pm: **Meet the Stonemasons** at St Clements (drop in – 20 minute sessions)

10am-4pm: **Medieval Skills and Crafts** in the Forum amphitheatre

10am-4pm: **Hungate and It's Parish** – exhibition at St Peter Hungate

10am-5pm: **Dandifest** community art exhibition at St Margaret's

10.30-3pm: **Cake and Jam stalls** at St Giles

11am: **Guided tour** of St John Maddermarket (20m)

11am-3pm: **Round Tower Church Society** outside St Mary Coslany for open discussions

11.30am: **Set in Stone** –Time Will Tell Theatre Company at St Martin-at-Palace

12am: **Guided tour** of St John Maddermarket (20m)

12am-2pm: **Bell ringing** - tours of the ringing chamber at St Peter Mancroft

12am-3pm: **Cathedral Explorers** – drop-in children's activities at Norwich Cathedral

12am-4pm: **Kid's Dragon's Day Puppetry Workshop** (drop-in) at St James Pockthorpe

12am-4pm: **Artists Open Studios** at St Ethelreda

12.30pm: **Hexachordia** – early music trio at St Martin-at-Palace

12.30-1pm: **Talk** – “What we do in church and why” at St Giles

1.00pm: **Guided tour** of St John Maddermarket (20m)

1.00pm: **Medieval Music** at St Andrews (20 minute performance)

1pm-4pm: **Exhibition** of paintings by Gerard Stamp at St Andrews

1.00-5pm: **Circus Workshop** for all ages (drop-in) at St Michael Coslany

2.00pm: **Set in Stone** –Time Will Tell Theatre Company at St Martin-at-Palace

2.00pm: **Guided tour** of St John Maddermarket (20m)

2.00pm: **Medieval Music** at St Andrews (20 minute performance)

2pm-4pm: **Prayer and Pilgrimage** exhibition at St Edmund

3.00pm: **Set in Stone** –Time Will Tell Theatre Company at St Martin-at-Palace

3.00pm: **Medieval Music** at St Andrews (20 minute performance)

5.00-6.30pm: Lost in Translation **Circus Performance** (free) at St Michael Coslany